

Additional Techniques

- **Relationship Questions**- this technique allows individuals to build solutions in context and provides perspective on the roles that others play in solution-building.

“What would [the judge, your partner, the case worker...] need to see so you have more access with your children?”

“What would your son say is the most important thing you can do for him right now?”

“On a scale of one to ten, how would your caseworker rate your participation in treatment?”

- **Compliments**- these should be genuine. They build rapport and trust and imply something positive about the family/child.

“Your son’s teacher says he is doing well in math, you must have encouraged his success.”

“According to everyone I’ve talked to, you’re making significant progress. What do you think is the most noticeable thing to people?”

“How did you know to call me when your car broke down and you couldn’t make our meeting? That was very thoughtful.”

- **Introducing possibilities**- like the miracle question, this is future focused and shifts perspective from problem to solution. Not *if*, but *when*.

“When you get your children back, what is the first thing you will do?”

“When your son does his chores, how will you respond?”

“When you complete your treatment program, what will the judge say?”