

LUNCHTIME SEMINAR SERIES

Your Healthy Heart



Paying attention to your heart health is one of the best things you can do to improve your overall quality of life and longevity.

This FREE seminar will cover what you need to know about heart health as well as conditions, treatments and procedures related to heart disease.

February 24, 2015

1:15pm-2:15pm

New York County Civil Court

111 Centre Street

Room 362

Light refreshments will be served.

RSVP: nbarret@nycourts.gov

***February is Heart Disease Awareness and Go Red for Women Month!**

Attendees are encouraged to wear red to show their support for staying heart healthy.

Sponsored by: The New York Women's Bar Association, the Gender and Fairness Committees of the New York County Civil, Criminal and Family Courts, and the NYS Courts Access to Justice Program's Community Outreach Program