



TRAUMA INFORMED CARE PROJECT

This project is geared towards court, legal and child welfare systems and aims to create a systemwide cultural shift towards trauma informed practices using evidence-based approaches for organizational change. Choose from the available programs, and we will work to tailor our assistance to your specific needs. For more information contact Aimee Neri: aneri@nycourts.gov

PHILOSOPHY

Program style

- *Participant driven*
- *Facilitator guided*
- *Modeled process*
- *Lecture-based learning*
- *Focus group learning (practice opportunities)*
- *Key development areas (specific considerations, primary areas)*

REQUIRED for PARTNERSHIP

What we ask you to contribute

- *Commitment to Change*
- *Practical Application*
- *Sustainability*
- *Champions*
- *Audience*
- *Implementation Plan*

OPTIONS

How do you want your trauma project delivered?

- *Frequency*
- *Duration*
- *Intensity*
- *Combo Programs*
- *Target population*

AVAILABLE PROGRAMS

Organizational Wellness

- *Overview and impact of trauma*
- *Brain science*
- *Influence of Bias*
- *Well versus toxic*
- *Staff support*
- *Trauma informed policies*

Self-Care

- *Overview and impact of trauma*
- *Vicarious trauma*
- *Vicarious resiliency*
- *Brain science*
- *Influence of Bias*
- *Preventive and responsive strategies*

Trauma-Informed Care

- *Overview and impact of trauma*
- *Community, historical, intergenerational, developmental, and individual trauma frameworks*
- *Brain science*
- *Trauma and Trauma-Related Stress Disorders*
- *Evidence -Based Guiding Principles*
- *Influence of Bias*

Solution-Focused Strategies

- *Overview and impact of trauma*
- *Interviewing, consulting and problem-solving skills*
- *Brain science*
- *Influence of Bias*
- *Evidence -Based language strategies*