



Corporate Counseling Associates

We're here
to help.



Making Life Easier

Introducing the Work/Life Assistance Program

A voluntary, free and confidential benefit for employees and their family members

Trying to manage your personal and professional responsibilities can be a real challenge at times. As your employer's Work/Life provider, Corporate Counseling Associates (CCA) is here to help. CCA gives you the information and support you need to manage your daily life – from prenatal information to adult care...from summer camps to child care services...from emotional well-being to health and wellness...and much more.

Available 24/7 – Tel: 1.800.833.8707

or Web: login.corporatecounseling.com

Our website and team of experienced professionals are available around the clock to guide you and help clarify your options:

- Emotional Well-Being
- Health and Wellness
- Resources for Child and Adult Care
- Educational Assistance
- Financial/Legal Issues



Unified Court System Work/Life Assistance Program

A free, confidential service for you and your family. Available 24 hours a day, 7 days a week.

Toll-free 1.800.833.8707

Why should I use the Work/Life Assistance Program?

We want you to be successful in your personal and professional lives. We have designed this service as an easy way for you to find help immediately for almost any need, such as taking care of yourself, personal or work-related stress, selecting the best caregiver for your child, researching assisted living facilities or home care, or identifying specialists to meet health and wellness needs.

Who provides the service?

This program is being provided by Corporate Counseling Associates, experts at helping employees get the most out of their lives. For more than 20 years, hundreds of companies around the world have turned to CCA for its active, consultative approach to work/life, coaching, training and organizational solutions.

Who can use the Work/Life Assistance service and how much does it cost?

The service is free for all employees, their immediate family and household members.

Is the service confidential?

Yes, only you and your CCA counselor will know you have called.

Contact CCA Today - We Make Life Easier

- Get information on selecting childcare or after-school programs
- Choose a therapist or select a support group
- Obtain help picking colleges or locating adult education classes
- Find a pet sitter or house sitter
- Discover tools to more effectively manage your personal and professional lives



Work/Life Website
Visit login.corporatecounseling.com
Enter: **UCS**