

## Harry

I'm 60 years old. I've been using drugs and alcohol for over 40 years. My addiction started when I was in Vietnam. You could say that since that time. I guess I was around nineteen-twenty years old. I never grew from that time. I'm that same kid who was in Vietnam, and I was on the road of devastation. I lived in chaos, and I dwelled on it. Actually, that was my metaphor.

I had an opportunity after I was busted for cocaine, crack cocaine, to get in this program, the court drug treatment program. And, I thought that it was a bunch of crap, excuse the expression. I just wanted to get out and get back on with my life, but to my surprise, this program has turned my life around.

I've gotten in touch with my inner self. I found out that I was not this tough guy. I found out that I do have feelings and I am not the only one in this planet, and that the world does not revolve around you. And I've been able to get in touch with my daughters and relatives. I found that the secrets that I held within me and the anger I held from being a combat soldier was my problem, and I would have never known. I found out these things about myself. If it wasn't for the court treatment program here, and I have nothing but gratitude for this process. It's a beautiful thing. Thank You.